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# Parasport development from grassroots to sporting spectacle: A view from Africa

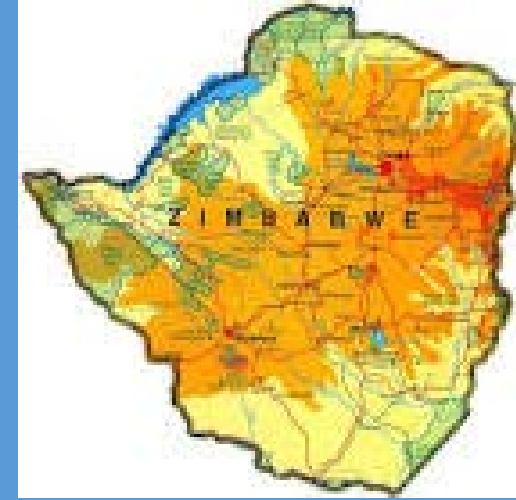
Leslie Swartz

IPC Vista meeting, Amsterdam, September 2019





# Alexander Phiri (1954-2011)





# Mental health in elite athletes: International Olympic Committee consensus statement (2019)

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## ABSTRACT

Mental health symptoms and disorders among elite athletes may have sport-related

## Review

## Mental health symptoms and disorders in Paralympic athletes: a narrative review

Leslie Swartz,<sup>1</sup> Xanthe Hunt,<sup>2</sup> Jason Bantjes,<sup>2</sup> Brian Hainline,<sup>3</sup> Claudia L Reardon<sup>4</sup>

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## ABSTRACT

**Objectives** This narrative review summarises the literature on the mental health of Paralympic athletes, explores possible reasons for the paucity of research in this area and suggests directions for future research.

**Methods** A systematic search of PubMed, PsycINFO, Cumulative Index to Nursing and Allied Health Literature, SPORTDiscus, Scopus, and Cochrane databases was conducted using search terms related to disability, sport

## What is already known

- Social forces that differentially affect people with disabilities, as well as the demands of high-level sports performance, could put Paralympic athletes at risk for mental health symptoms and disorders.

# Make for an inclusive world through Para sport.

- *Agitos Foundation:*

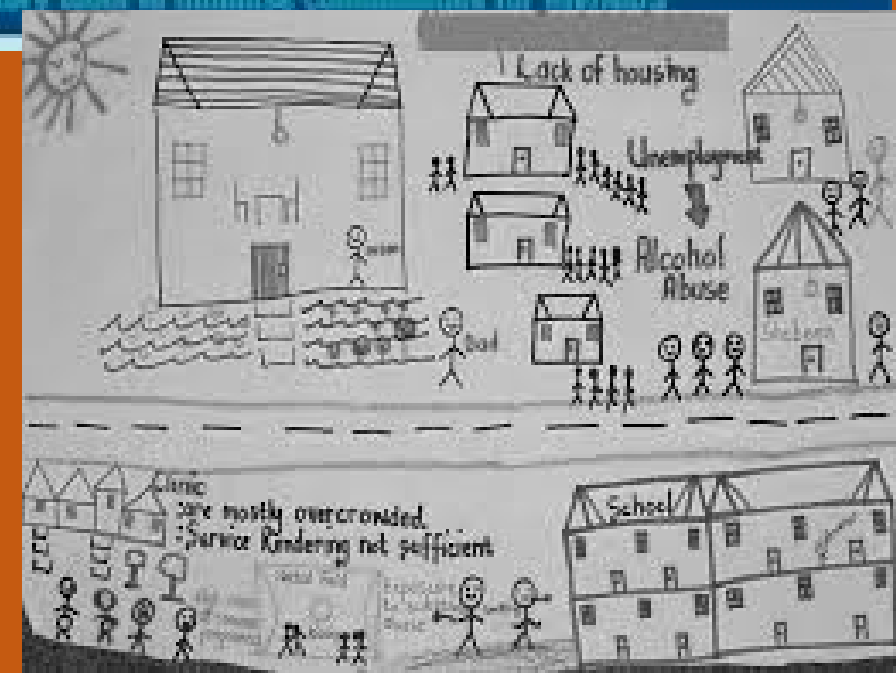
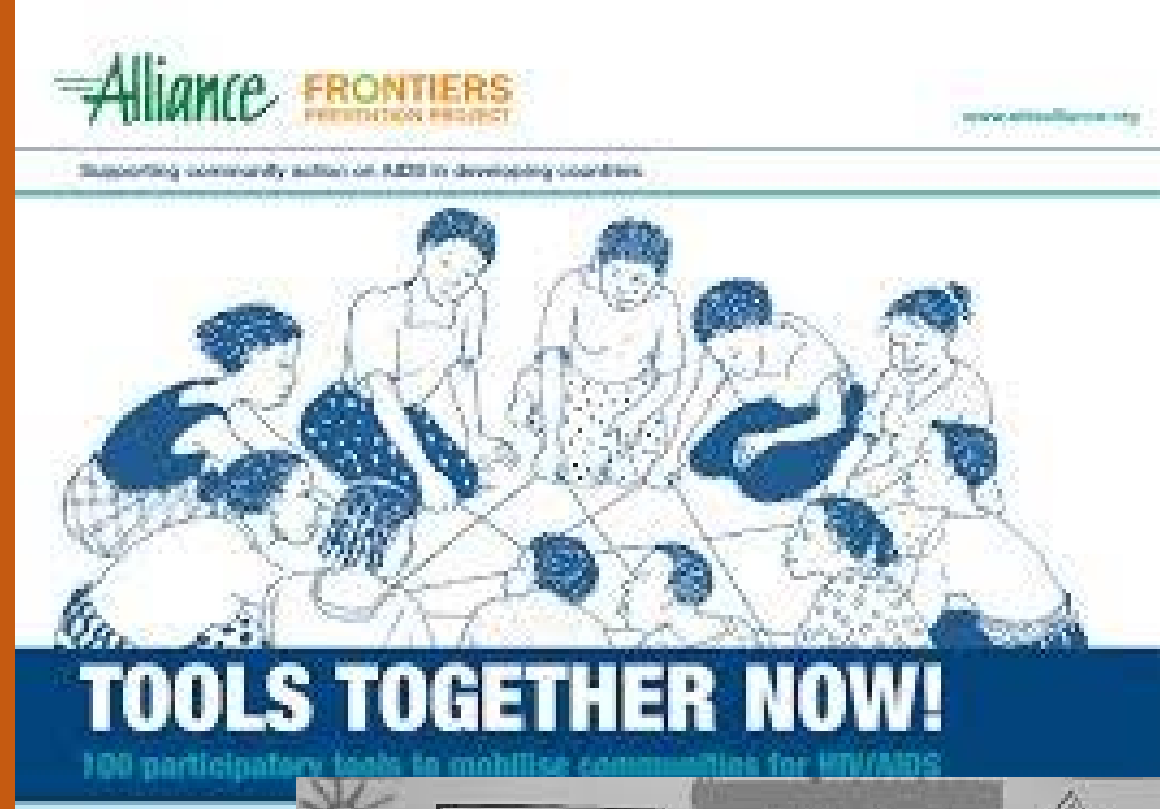
We are the leading global organisation developing sport activities for people with disabilities as a tool for changing lives and contributing to an inclusive society for all.



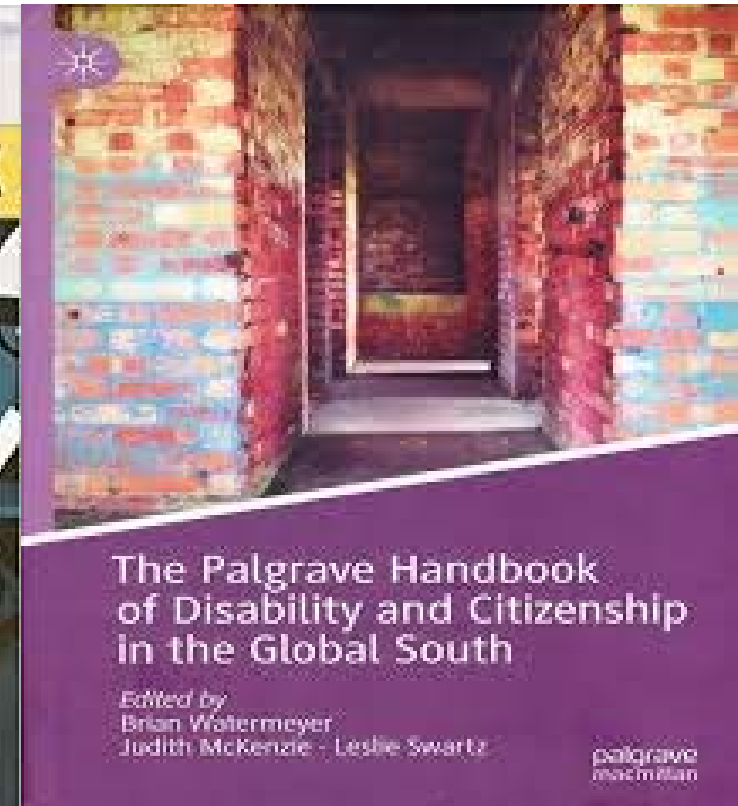
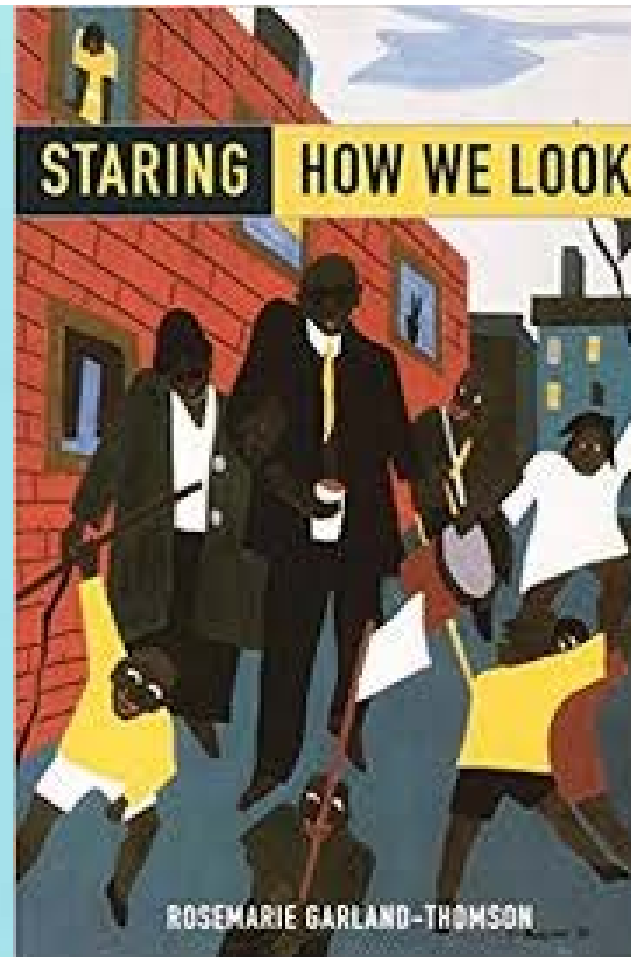
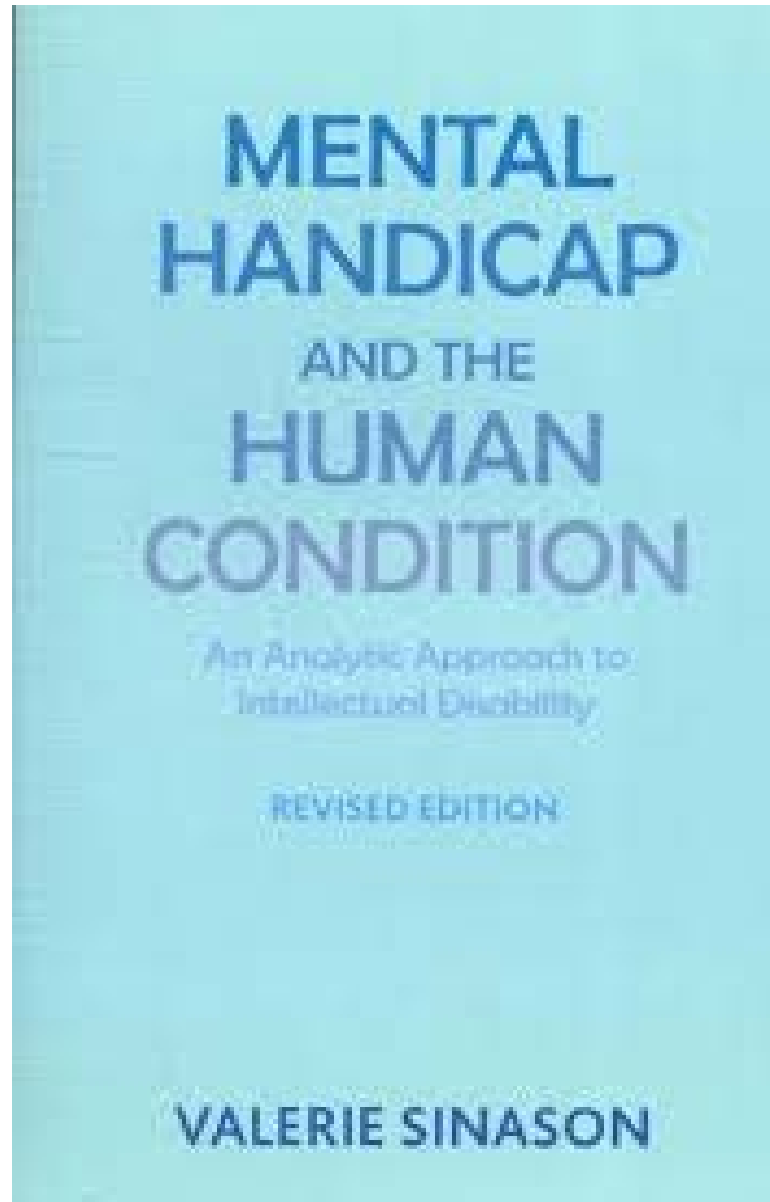
# The three Ts

- Transport
- Toilets
- Time





# A bit of theory






# Disability, primitivity, blackness

Evau. 2523

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